

Mini Cooks Contest: Party Dips

For ages 5-10

1. Entries must be homemade.
2. Entries should be made on the theme of Party Dips. Creativity is encouraged.
3. Entries must contain at least 3 of the following: a protein, a dairy product, a fruit or a vegetable. Points are awarded for extra fruits and vegetables.
4. You may bring your item up to one-half hour before judging.
5. Please bring your entry in a disposable container.
6. Please bring enough for 10-12 servings. Plates, forks, spoons and napkins will be provided.
7. There is no entry fee. Cash prizes will be awarded as follows: 1st place: \$25; 2nd place \$15; 3rd place \$10.
8. You must bring the recipe with your name and address on the back.
9. The recipe and food become the property of Winneshiek County Public Health.